

About DRWF

The Diabetes Research & Wellness Foundation is an organization for people who live with diabetes every day. Our mission is to help find the cure for diabetes, and until that goal is achieved, to provide the care and self-management skills needed to combat the life-threatening complications of this terrible disease.

For more information please contact us at:
rvjeremiah@diabeteswellness.net or
astancik@diabeteswellness.net or call
202-298-9211

When you support DRWF, you help fund these programs:

Educational and Research Programs that your contribution can help support (partial listing):

- Islet cell transplantation research and Spring Point Project at Diabetes Institute at the University of Minnesota
- Immune system monitoring of islet cell transplants at Diabetes Research Institute at University of Miami
- Islet cell transplantation studies at Joslin Diabetes Center
- Diabetes Wellness Helpline - certified diabetes educator counsels patients over the phone about diabetes self-management
- Diabetes Health Clinic – certified diabetes educator counsels patients in shelters in Washington, DC
- Free retinopathy screening project at Johns Hopkins University School of Medicine
- Diabetes education and awareness through publication and community outreach



5151 Wisconsin Ave, NW, Suite 420
Washington, DC 20016
www.diabeteswellness.net

The Marine Corps Marathon is known as “the People’s Marathon.” The course spreads across many historic sites from the US Capitol to the Pentagon.

DRWF was proud to be apart of the 33rd annual MCM charity partners program. Our team members last year ran not only to test their endurance but for a cause that means the most to them. Will you join our team this year and do your part to help diabetes research and awareness?

“This was truly an amazing experience and I am honored to have been a part of it. Also, what made it even more special was the fact that I raised money for a great organization.”

-S. Subramanyam
DRWF MCM runner 2008

Join us this year at the 34th Annual Marine Corps Marathon!



2008 MCM DRWF Team Members

RUN FOR A DIABETES CURE

Join our team in the Marine Corps Marathon



Sunday October 25, 2009



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Join Our Team

Experience the thrills and challenges of completing the Marine Corps Marathon (MCM) while knowing that you are doing your part in helping millions of people with diabetes. Your participation will help fund critical diabetes research for a cure, counseling for the indigent population in the DC metro area, provide diabetes educational materials at community health fairs and government agencies, a diabetes non-urgent medical helpline and more.

The Benefit of Joining Our Team

- You are guaranteed entry into the Marine Corps Marathon.
- You have an opportunity to raise money for a very worthy cause.
- When you choose to sign up with the Saturday morning training program- the Marathon Charity Partners (www.marathoncharitypartners.org), DRWF will reimburse your training fee if you raise \$1,500.
- You'll receive a DRWF Marathon Team Race Day Team T-Shirt.
- You and your teammates can encourage each other by posting your personal fund-raising goals and your connection to the cause on our your personalized fund raising page.
- You'll have easy access for online donations for family and friends to help support your race.
- Team photos will be published in our monthly newsletter, *Diabetes Wellness News*.

How to Join

- Go online to: <http://www.active.com/donate/DRWFRUN2009> and click on Register for Event; follow the instructions on the form.

Mail in Your Form:

- Fill out the attached form and mail in a check for the appropriate fee.

Registration Fee:

- \$100 for marathon participant
- \$50 for 10K participant

Participant Requirements:

- Raise a minimum of \$500 for the MCM10K run
- Raise a minimum of \$1,000 for the Marathon

Incentives

We have added incentives such as gift or entertainment certificates and prizes to encourage you to raise beyond the requirements. Inquire within - call us at 202-454-1607 for more details.

Register or Donate Online

You can support our team members by making a donation.

Please logon to:

<http://www.active.com/donate/DRWFRUN2009>

Thank you



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Registration Form

First Name: _____

Last Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Daytime Phone: _____

Evening Phone: _____

Email: _____

Birthdate: _____ Gender: M F

Chip Serial#(if you own a scoring chip) _____

Race Day Team T-shirt

Small Medium Large X-Large

Payment Information:

Please make checks payable to:

Diabetes Research & Wellness Foundation

Check Master Card Visa AMEX

Card Number: _____

Expire Date: _____ Sec. Code: _____

Signature: _____

\$100 Marathon Fee \$50 10K Fee

Military Service

USMC USN USA USAF
 CG NG Foreign

Status

Active Reserve Retired Former
First Marine Corps Marathon Yes No
First Marathon Yes No
Expected Finish Time: ____:____